

## 12<sup>th</sup> IUHPE European Conference on Health Promotion $\rightarrow$ 17-18.06.2024

#### Medical University of Lodz - Poland













## PROGRAMME

## Monday 17 June 2024

8.00-9.00 Registration

# 9.00-10.00 Opening Ceremony. Introduction to the Conference Theme: Health Promotion: Cultivating Change Through the Lifespan.

Co-Chairs: Prof. Magdalena Kwaśniewska, Poland & Prof. Stephan Van den Broucke, Belgium Welcome

- Vice-Rector for Research Strategy and International Relations of MUL, Prof. Lucyna Woźniak, Poland - President for IUHPE, Mr Sione Tu'itahi, New Zeland
- Conference Chair, Prof. Magdalena Wrzesińska, Poland
- Regional Vice President for IUHPE-Euro, Prof. Paolo Contu, Italy

#### 10.00-11.00 Plenary session: Promoting children's and young people's health in a changing world

Moderators: Prof. Magdalena Kwaśniewska, Poland & Prof. Stephan Van den Broucke, Belgium Speakers:

- Hilaire Armstrong, WHO-Euro Youth for Health Initiative
- · Didier Jourdan, University of Clermont Auvergne & UNESCO Chair for Global Health and Education, France

#### 11.00-11.30 Coffee break

#### 11.30-13.00 Parallel sessions: Oral presentations

- 1. Health Promotion and Prevention in and with Schools: European Perspectives, Approaches and Examples
- Health promotion in the school context: a global mapping of the literature on school health promotion. Goof Buijs, Netherlands
- Mother's Health Literacy and Children's BMI Z-Score: cross-sectional and prospective associations in vulnerable children. Rafaela Rosário, Portugal
- Health Promoting School implementation in Lombardy Region Italy: an intersectoral reflective process to define core elements. Veronica Velasco, Italy
- Children's perspectives on lifestyles and their determinants using a child-centered methodology. Rafaela Rosário, Portugal
- Promoting Genuine Participation of Children and Young People in Education and Health Policymaking: lessons learned from the analysis of 55 case-studies from around the world. Goof Buijs, Netherlands
- Health support needs of students from the perspective of school leaders. Results of the COVID-HL School Principal Study. Kevin Dadaczynski, Germany

## 2. Health Promotion among Children and Youth

- Health promoting schools Evaluating the effectiveness of a pilot ergonomics program for middle school children. Sara Maria Pani, Italy
- The Feeding Pattern is the Highest Risk Factor for Stunting in Toddlers. Kurnia Dwi Artanti, Indonesia
- Daily playful schoolwork design: a driver of positive school experiences. Helga Urke, Norway
- Implementation of a wellbeing awareness session in Moroccan primary schools: A pilot qualitative study with parents and teachers. Sarah Michaud, France
- Developing canteen staff' competencies towards a user perspective providing healthy meals for vocational school students. Liv Juncker Harsløf, Denmark
- Adolescents' experiences of sport education at upper secondary school level. Prerequisites for learning, health and personal development. Johanna Bergman, Sweden
- Benefits and challenges in implementing Youth participatory action research in Norwgian lower secondary schools. Ingrid Holsen, Norway

## 3. Health Literacy

- Health literacy in primary care patients in Poland. Agnieszka Lipiak, Poland
- The IUHPE Position Statement on Health Literacy as an advocacy tool to promote health globally. Diane Levin-Zamir, Israel
- Evaluation results of the health literacy intervention Nebolus. Demian Frank, Germany
- Global to Local: Analyzing the Sharing and Adaptation of Massive Online Open Courses for Emergency Health on the OpenWHO Platform. Jamie Johnston, United States
- Enhancing Stroke Help-Seeking Behavior in Europe: A Clustered Controlled Trial Evaluating the Efficacy of the School-Based Intervention "HOBIT". Ekaterina Volevach, Czechia
- Migrants' perceptions on sexual health and their sexual health education needs. Preliminary findings. Eleni Konstantinou, Greece
- Exploring understandings and perceptions of health literacy from the perspectives of children and adolescents a meta-ethnography. Karolina Seidl, Austria

## 4. Health Promotion Practices

- Path Analysis of E-MONEV Smoke- Free Area Application based on the theory technology acceptance model. Daniel Christanto, Indonesia
- Implementing parts of the Finnish Smart Family lifestyle counseling method in six different EU- countries. Nella Savolainen, Finland
- Global priorities for prison health research and aligned training: A sequential survey. Jean Duckworth, United Kingdom
- Wellbeing and sense of coherence in French-speaking breast cancer women: A cross-sectional study. Sarah Michaud, France
- A house is more than a roof it is a determinant of health: a case study in trachoma prevention across remote Western Australia. Melissa Stoneham, Australia
- Health promotion in deprived neighborhoods should focus on living environment instead of merely health and lifestyle. John Dierx, Netherlands
- Applying Multi-Theory Model (MTM) in Determining Intentions to Smoking Cessation among male Health Worker Smokers in Kabul, Afghanistan. Mousa Bashir, Iran

## 5. Health Promotion Methods

- Participation as a key for promoting the well-being society in Austria. Irina Vana, Austria
- Photovoice: Students' Perspectives on Mental Health Promoting Resources at a University Campus. Cecilie Schacht Madsen, Denmark
- Investigating Volunteer Dynamics to Enable Improved Social Inclusivity in a Community Food Distribution Service in South-West London, United Kingdon. Marie Swettenham, United Kingdom
- The Dynamic Model of Health Assets. Yuliya Bodryzlova, Canada
- Breaking ground: Evaluating Lower Austria's first Regional Health Coordination Training. Ursula Griebler, Austria

- Assessing Communities for Scaling Up Community-Based Health Promotion: A Pragmatic Approach. Philipp Weber, Germany
- Strengthening community-based mental health care in European countries in the context of the Joint Action ImpleMENTAL. Nathalie Bélorgey, Germany

## 6. Digital Health

- Alcohol and Breast Cancer: the App "Secrets for Healthy Breasts". Claudia Sardu, Italy
- Always on: evolving from a traditional social media campaign using new technology to extend reach and facilitate action. Christina Pollard, Australia
- European digital Health Literacy Strategy. Ana Inés, Rey Hidalgo, Spain
- A bottom-up approach to co-design an online digital health learning platform with end-users in Romania. Otilia Kocsis, Romania
- When health promotion meets arts: Evaluation of a VR-based alcohol prevention tool presented in an art exhibition. Robert Hrynyschyn, Germany
- Digital Leisure Time Use and Its Impact on Children's Subjective Well-Being: A Latent Class Analysis. Lars Bauger, Norway
- From the river of Health to the River of Life a drawing and graphic interactive workshop. Bengt Lindstrom, Norway

## 7. Health promotion and Health care

- Understanding the needs of patients with visual impairments a step towards building equal and accessible primary health care. Katarzyna Binder-Olibrowska, Poland
- Functioning and Challenges in Individuals with Irritable Bowel Syndrome: a mix-methods survey. Natalia Płóciennik, Poland
- Strengthening health promotion and prevention in primary care : lessons learned from a Swiss academic center of general medicine and public health. Karin Zürcher, Switzerland
- How health mediation can function effectively on the fostering of healthcare utilization?: a Realist Qualitative Study. Elodie Richard, France
- Community Health Workers Address Vaccine Hesitancy Using Motivational Interviewing Skills. Patricia Valverde, United States
- A Delphi study exploration of global prison health research and training priorities. Jean Duckworth, United Kingdom
- Comparative study of health promotion actions in the context of primary care in the municipalities of Florianópolis, Santa Catarina, Brazil and Girona, Catalunha, SATALUNHA, Spain. Ivonete Teresinha Schulter, Buss Heidemann, Brazil

## 13.00-14.00 Lunch break

#### 14.00-15.30 Parallel sessions: Workshops and symposium

#### Workshops

- Advancing Children and Adolescent Health Promotion: Planning and Testing Interventions. Marjorita Sormunen, Finland
- Empowering Young Researchers: Mastering Scientific Communication Techniques. Karolina Czarnecka-Chrebelska, Poland
- Professional health literacy of health professionals: What is the role of organizational conditions and educational training in this context? Saskia Maria De Gani, Switzerland
- Best practice portals and their role in addressing health inequalities. Yvette Shajanian Zarneh, Germany
- Health literacy policies how can they be developed and implemented. Angelika Schlacher, Austria
- European perspectives on current trends and challenges in school health promotion. Kevin Dadaczynski, Germany

#### Symposium

- Capacity building for effective health promotion practice: How to move forward in training, further education and developing a professional identity? Petra Plunger, Austria
- Municipal health promotion and participation as a key strategy for health promotion across the lifespan from childhood to adulthood. Maja Kuchler, Germany

## 15.30-16.00 Coffee break

#### 16.00-16.45 Interactive Poster sessions

#### 1. Health Promotion among Children and Young People

- Building school community capacity to implement comprehensive school health promotion focusing on Relationships and Sexuality Education. Sharyn Burns, Australia
- Mentally Healthy Schools: Implementing the Act Belong Commit® message in Western Australian Schools. Sharyn Burns, Australia
- Healthy and Happy Campus for Health Promotion Community. Sri Widati, Indonesia
- · Health lifestyles profiles of the University of Andorra. Gemma Ribera Llonc, Andorra
- Coronavirus-Related Health Literacy of Polish School Principals and its Relation to the Health
  Promoting School Approach Implementation in Poland. Karina Leksy, Poland
- A Quantitative Study Examining the Effect of Perceptions of Gender Roles and Proactive Personality on the Relationship Between Work Volition and Academic Satisfaction among Undergraduate Students. Sultan Beles, Norway
- Suicide prevention for LGBTQ+ youth in Switzerland: an interpretive processual perspective. Tobias Kuhnert, Switzerland
- 4- Empowering evaluation of the project "Io sto bene qui in montagna!" to reduce child poverty in a mountain area. Claudio Tortone, Italy
- Physical activity promotion intervention at the university: old school learning methodology. Raquel Faubel, Spain
- Bridging Minds A Situational Analysis of Mental Health Perceptions and Suggested Supports for Students across a Multi-Campus Irish University. Machailla McCabe, Ireland
- Eating behaviours of Polish and Portuguese young adults. Julia Bober, Poland
- Mapping Digital Public Health Interventions to Promote Mental Well-being among University Students: A rapid review. Vanessa Wenig, Germany
- Determinant of college student resilience in post pandemic COVID-19. Reza Fajrinmuha, Indonesia
- Adherence to the Mediterranean diet among Polish children. Validation of the updated version of KIDMED questionnaire. Julia Bober, Poland
- Can a mindfulness-based program be successfully delivered to youth with learning and sociobehavioural challenges? Cheryl Currie, Canada
- Psychological support in schools within the Health Promoting School approach: a strategical integration. Veronica Velasco, Italy
- Pandemic Babies: Unveiling the impact of pandemic unemployment on infant communication development in low-income US families. Mahala Swisterski, Canada
- Together at Social Sciences Mental Health Promotion at the University Setting. Line Nielsen, Denmark
- Factors associated with mental health help-seeking intentions among university students in Kazakhstan: a cross-sectional pilot study. Raushan Alibekova, Kazakhstan
- Development and validation of a new instrument to measure parental health literacy in the context of early childhood overweight and obesity prevention. Verena Krah, Germany
- How universities implement the Health Promoting University framework: The study case of Xarxa Vives Network. Pol Comellas, Andorra
- Prevalence of gambling, study design and population of the experimental controlled study "GAPUnplugged" for the evaluation of the Unplugged program on gambling behaviours among 12-14 years old adolescents in Italy. Marco Martorana, Italy

- Factors associated with gambling behavior among 12-14 years old students in Italy: the role of parental gambling, norms and monitoring. Marco Martorana, Italy
- What are primary school children eating at lunchtime? A content analysis of school lunches. Sam Crossley, United Kingdom
- The impact of physical activity on mental well-being college students during pandemic. Ira Nurmala, Indonesia

## 2. Health Behaviors

- · Age-friendliness of community and sleep quality: the role of mental health. Qianyi Xiao, China
- Pandemic and protective health behaviour: How do Brussels citizens view the Covid pandemic and future pandemics? A qualitative study. Sandrine Roussel, Belgium
- Exposure time to sedentary behavior and physical activity practice in full-time students during the SARS-CoV-2 pandemic. Lauryane Fonseca, Brazil
- Empowering Families: Smart family best practice from Finland (H4EUK) Strength and Resource-Based Lifestyle Counselling Workshop. Taina Sainio, Finland
- Step by step procedures in introducing the Behavioral Insights research on routine vaccination in Kosovo. Florie Miftari Basholli, Kosovo
- Exploring how people despite economic difficulties achieve the World Health Organisation recommendations of physical activity, with a sense of coherence perspective. Lisbeth Johansson, Sweden
- Community-Based Physical Activity Promotion: Approaches to engage socially disadvantaged population groups. Lea Dippon, Germany

## 3. Health Promotion and Health Care

- Healthy lifestyle counseling provided by primary care nurses to adult patients. Małgorzata Znyk, Poland
- Inequity in Utilization of Maternal Healthcare Services and their Contributing Factors for Women with Disabilities in Nepal: Mixed Method Study. Prakash Shahi, United Kingdom
- Health Promotion in Primary Health Care in Brazil: possibilities and Limits. Ivonete Teresinha, Schulter Buss Heidemann, Brazil
- The Serbian version of the International Self-Assessment Tool for Organizational Health Literacy in Primary Health Care Services (OHL-PHC). Dušanka Krajnović, Serbia
- Informendo: Empowering Endometriosis Patients through Co-Creation of Resources. Elisabeth Noehammer, Austria
- Introduction of the Healthy Hospital Concept in Two Pilot Hospitals in Kosovo during 2023. Merita Berisha, Kosovo
- Public or private healthcare- preferences of Kosovar patients, 2022. Ardita Baraku, Kosovo

## 4. Health literacy

- Strengthening the health literacy of people with intellectual disabilities. Dariusch Afroukhte, Germany
- Awareness, knowledge and attitudes towards the perinatal depression among pregnant and postpartum women attending university hospital in Astana, Kazakhstan. Raushan Alibekova, Kazakhstan
- Association of positive mental health literacy with mental well-being among undergraduate students of Nazarbayev University in Astana, Kazakhstan. Raushan Alibekova, Kazakhstan
- Training matters: framework and guidance for core competencies of sexuality educators. Johanna Marquardt, Germany
- Evolution of COVID-19 related heath literacy in Spain and associated factors. Maria Falcon, Spain
- An exploratory approach to identify digital, health and data literacy and learning needs in Romania. Otilia Kocsis, Romania
- Assessment of health literacy in cancer preventions projects in Portugal. Cristiana Fonseca, Portugal -"Info without side effects": Empowering website users with a validated health info checklist. Ursula Griebler, Austria

- Development of a common understanding of health literacy in times of polycrisis. Saskia Maria De Gani, Switzerland
- Health promotion campaign to address gender-based violence through the Health Belief Model. Valbona Zhjeqi, Kosovo

#### 16.45-18.00 Plenary Roundtable: Health promotion as a driver of change in the digital age

Moderator: Aneta Andrzejczyk, Medical University of Lodz

Discussants:

- Diane Levin-Zamir, University of Haifa & Clalit Health Services, Israel
- Anastasia Koylyu, WHO Euro
- Mikołaj Gurdała, IQVIA Balazs Furjes, EIT-Health Innostars
- Lucyna Woźniak, Medical University of Lodz, Poland

Closing of the Day: Magdalena Kostyła, Medical University of Lodz, Poland

#### 18.30-20.00 Welcome reception

#### Tuesday 18 June 2024

#### 8.55-9.00 Opening Welcome of the Day: Joanna Broy, EIT-Health Innostars

#### 9.00-9.15 The Healthier Together Initiative- EU on-line session

#### 9.15-10.15 Plenary session: Health promotion in the face of the polycrisis

Moderators: Prof. Magdalena Kwaśniewska, Poland & Prof. Stephan Van den Broucke Speakers:

- Wojciech Hanke, Nofer Institute of Occupational Medicine, Poland
- · Saskia Maria De Gani, Careum Center for Health Literacy, Switzerland

#### 10.15-11.00 Interactive poster session

#### 1. Health Promoting Policy

- Health promotion needs first and foremost a reliable and protective legal system and a secured (digital and analog) knowledge base. Iris Haarland, Netherlands
- · Collaborating to build local competence for Public Health Work. Ruca Elisa, Katrin Maass, Norway
- Lessons on mobilizing participatory healthy public policy with community-based tourism through healthy communities in Phatthalung Province, Thailand. Boonruang Khaonuan, Thailand
- It's a Jungle out there: The lived experiences of a new Public Health lecturer with previous commercial experience. A reflective autoethnography. Marie Swettenham, United Kingdom
- Contribution of the 15 years of work of the Health Promotion Chair of the University of Girona. Dolors Juvinyà Canal, Spain
- Does industrial forestry have an impact on public health? Steffen Torp, Norway
- Social sustainability in municipal policy plans in Norway, Olin Oldeide, Norway
- Registration of Health Promotion Practitioners: The Australian experience. Marguerite Sendall, Qatar
- Walk the line: Crisis in pandemic contexts as rite of passage between marginality and health agency. Cristopher I. Kobler Betancourt, Switzerland
- Leveraging Technology for Tobacco Cessation in South Africa: A Transdisciplinary Policy Approach. Iolanthé M Kruger, South Africa
- Health equity data: the case of Roma in Hungary's segregated clusters a nationwide monitoring. Janos Sandor, Hungary
- Wokplace Wellbeing from policy development to implementation an Irish perspective. Biddy O Neill, Ireland

- Promoting the health of education professionals: The role of guidance and training in their occupational health and well-being. Min-Chien Tsai, France
- Creating structures for co-creation of local public health work: experiences from Trondelag, Norway. Ruca Elisa, Katrin Maass, Norway

## 2. Health Promotion Practices

- Users' Community Model for Environmental Health Communities of Practice. A Musician's Idea. Rodrigo Lopez, Chile
- Field training for the development of strategies to promote physical activity in the framework of the Regional Prevention Plan 2021-2025 of the Lombardy Region. Lia Calloni, Italy
- The influence of green revitalisation of Łódź on the city residents' health and wellbeing. Joanna Ruszkowska, Poland
- Workplace yoga intervention and objective movement analysis to validate its effects a pilot study. Magdalena, Fronczek, Poland
- Objective movement analysis in the case of dentistry ergonomy. Karolina Kopacz, Poland
- Analysis of metabolic risk and healthy behaviours among persons following plant-based diets. Martyna Mrozik, Poland
- Exploring the Interplay Between the History of Occupations and the Idea of Health and Well-Being: A Comprehensive Study. Bhavana Gulati, India
- Supporting mental health and wellbeing of an ageing prison population through creative naturebased interventions. Alan Farrier, United Kingdom
- "Parkrun is a place you can talk." Strong and weak social ties between middle aged men attending parkrun in Ireland: reflexive thematic analysis. Allison Dunne, United Kingdom
- Motives for participation in parkrun and its impact on health and wellbeing for inactive women. Charlotte Benkowitz, United Kingdom
- Applying the settings approach to prisons: A case study from England. Michelle Baybutt, United Kingdom
- Intervention Strategies for Gambling Prevention and Control: A Comparison Between Scientific Evidence and Regional Legislation in Italy. Eliana Gabellini, Italy
- Scaling-up antenatal preventive visit for (future) fathers in Montreuil city, Seine-Saint-Denis, France: context and actors-related levers and barriers. Swati Perrot, France
- Factors influencing protective health behaviours to face Covid-19: review of reviews Latest version, Lucie Carbon, Belgium
- Cervical Cancer Screening Knowledge and practices among adult women in Kosova. Sanije Gashi, Kosovo
- Formative Evaluation of an early, cross-sector, outreach, and family-centered prevention of overweight programme (FrühstArt) a study protocol. Katharina Ruettger, Germany
- Applying Multi-Theory Model (MTM) in Determining Intentions to Smoking Cessation among male Health Worker Smokers in Kabul, Afghanistan. Mousa Bashir, Iran
- Cancer Prevention in the Workplace: A Case Study of a Pilot Experience. Cristiana Fonseca, Patrícia Pinto, Portugal
- Behavioural Insights about COVID-19 vaccination in Kosovo, study protocol and preliminary results. Florie Miftari Basholli, Sweden
- Prevention Can Never Create Health: Here is What does. Craig Becker, United States
- Factors influencing subjective wellbeing of economic and health domains in Southern Thailand. Thanawit Bunsit, Thailand
- Evaluation of EndoZone a digital health promotion platform for endometriosis. Diksha Sirohi, Australia
- Chronic Health. Craig Becker, United States
- Serendipitous Health. Craig Becker, United States
- Finding common ground: how faith-health partners work together. Elizabeth Boutros, Australia
- Measuring mental health promoting behaviors Development and validation of a scale to measure ABC-behavior. Charlotte Meilstrup, Denmark

- Monitoring the functioning of a health promotion network in the Italian context: a process perspective. Michela Ghelfi, Italy
- Storytelling as patient education among psychotic patients in a rehabilitation program. Márk Komóczi, Hungary
- Rural health promotion during the pandemic in a network of empowered nonprofessional health workers (health mediators) in Hungary. Karolina Kósa, Hungary

## 11.00-11.30 Coffee break

## 11.30-13.00 Parallel sessions: Oral presentations

### 1. Workplace and Workforce for Health Promotion

- The Influence of Job Resources and Demands on Burnout and Work Engagement of Italian Teachers: "the HBSC – Lombardy Teachers" Survey. Stefano, Delbosq, Italy
- Lifestyle advice from health workers in Kosova-Population based study. Sanije Gashi, Kosovo
- Professional competencies for health promotion an unknown competence and a missed opportunity for public health in southern Sweden! Åsa Bringsén, Sweden
- Occupational Health and Well-being in the European MENTOR+ Project: A Cross-Country Survey Analysis. Ioanna Zygouri, Greece
- Implementation of the "Health Promotion" accreditation system for professionals, companies and NGOs. Alessandra Sotgiu, Italy
- A Roundtable on Developing Global Settings for Health Promotion. Michelle Baybutt, United Kingdom
- Professional identity formation of health promotion practitioners in Switzerland. Verena Biehl, Switzerland

## 2. Health Promoting Policy

- Challenges for multilevel governance of health promotion in a federal country the case of Switzerland. Pin Stéphanie, Switzerland
- Filling a Gap A Case Study in Building Advocacy Capacity in the Australian Public Health Workforce. Melissa Stoneham, Australia
- Building Organisational Capacity for Holistic Health Policy and Systems Research Institutions (HPSRIs): Insights from a Mixed-Methods Study in the Philippines. Harvy Joy Liwanag, Switzerland
- Addressing Health Disparities: Comparison of Predictors of Health among Adults Living with and without Physical or Psychological Disabilities. Grace Katharine Forster, Norway
- Cooperative planning as a mechanism of structural change in health promotion. Jana Semrau, Germany
- The Limitations and Potentials of Economic Evaluations in Community-Based Health Promotion: A Critical Review. Philipp Weber, Germany
- Doing Collaborative Health Promotion Research in a Complex Setting: Lessons Learned from the COMPLETE Project in Norway. Helga Urke, Norway

#### 3. Health Behaviours

- The 500 kg weight reduction challenge: prevention of obesity by and for women with migration background. Marleen Mares, Netherlands
- Rethinking the built environment as a driver to improve physical, mental and behavioural health in custodial spaces. Helena Queiroz Pombares, United Kingdom
- Time to join the queue. Stepping into the shoes of community food project visitors in affluent communities. Marie Swettenham, United Kingdom
- Risk behaviours and factors associated with quality of life and mental health of Brazilian Federal Employees. Matias Noll, Brazil
- Cancer prevention and early detection among people experiencing homelessness: Co-designing the Health Navigator Model for Europe. Tobias Schiffler, Austria
- Perceptions towards the adoption of a multi-risk factors cancer prevention educational tool among European Union citizens: a multi-country qualitative study. Ariadna Feliu, France

• Population-based cancer prevention education intervention through mHealth: a randomized controlled trial. Carolina Espina, France

## 4. Implementing Health Promoting Policies among Children and Youth

- How can we assess the capacity of Danish health and childcare professionals to promote healthy weight development? Anneke Vang hjort, Denmark
- Promoting health in schools: identifying forms and functions of the Health Promoting Schools interventions. Paul Veugelers, Canada
- Acceptance analysis of adolescent health promotion application (KONCO SREGEP) in remote area. Muthmainnah Muthmainnah, Indonesia
- Assessment of Water, Sanitation and Hygiene in Schools of Kosovo. Tahire Maloku Gjergji, Kosovo
- How do school health professionals understand culture? a scoping review. Emmie Wahlström, Sweden
- Here is our ideal school! Students' perception of their wellbeing at school. Alessandra Mereu, Italy
- · Implementation of Comprehensive Sexuality Education in Schools in Kosovo. Merita Berisha, Kosovo

## 5. Health Promotion among Elderly

- Enhancing elderly autonomy through promoting health literacy for regular physical activity? Health Literacy Survey of the French population 2019–2021. Bakary Cisse, France
- Fostering community-based health promotion for healthy ageing in Austria: status quo, development areas and stakeholder process. Petra Plunger, Austria
- Toward healthy ageing at work: Self-initiated change through the lifespan. Min-Chien Tsai, Taiwan
- Dynamic model of health assets for cognitive health of older adults: a secondary analysis of the longitudinal SHARE data. Yuliya Bodryzlova, Canada
- · Association Between Resilience and Frailty among Chinese Older Adults. Junling Gao, China
- Co-Creating Well-Being: A Holistic Approach to Physical Activity Promotion in Aged Care Facilities. Annika Frahsa, Switzerland

#### 13.00-14.00 Lunch break

#### 14.00-15.30 Parallel sessions: Workshops and symposium

#### Workshops

- Contributing to the Global Participatory Process to Structuring the Field of Health Promotion Research. Didier Jourdan, France
- Implementing policies for local Health Promotion Work: sharing experiences. Ruca Elisa Katrin Maass, Norway
- Salutogenesis 101: Exploring my role in the River of Life. Jake Sallaway-Costello, United Kingdom
- Digital Health Literacy and its contribution to health promotion across generations. Diane Levin-Zamir, Israel
- The political determinants of health: An applied perspective. Marguerite Sendall, Qatar
- How can Higher Education facilitate the development of Health Equity competencies among learners? Gwendolijn Boonekamp, Netherlands

#### Symposium

- Barriers and facilitators to healthcare access and cancer preventive services for people with mentalill health in Europe: a qualitative study and considerations for the Patient Navigation Model. Katrin Schäfer, Austria
- Tackling obesity in shift workers: The EU project SHIFT2HEALTH. Marlies Wallner, Austria

#### 15.30-16.00 Coffee break

## 16.00-17.00 Plenary session: Health promotion in the face of demographic change

Moderator: prof. Lucyna Woźniak, Poland

Speakers:

- Maddalena Illario, Università Federico II di Napoli, Italy
- Tomasz Kostka, Medical University of Lodz, Poland

#### 17.00-17.30 Closing ceremony

Co-chairs: Prof. Stephan Van den Broucke, Prof. Magdalena Kwaśniewska

- Concluding remarks
- Conference Chair Prof. Magdalena Wrzesińska, Poland
- Regional Vice President for IUHPE-Euro Prof. Paolo Contu, Italy

#### Closure and invitation for the next World IUHPE Conference, Liane Comeau, Canada

#### 20.00-23.00 Gala dinner