



12th IUHPE European Conference on Health Promotion → 17-18.06.2024

Medical University of Lodz – Poland



PROGRAMME

Monday 17 June 2024

8.00-9.00 Registration

9.00-10.00 Opening Ceremony → Main Hall

Introduction to the Conference Theme: Health Promotion: Cultivating Change Through the Lifespan.

Co-Chairs: Prof. Magdalena Kwaśniewska, Poland & Prof. Stephan Van den Broucke, Belgium

Welcome

- Vice-Rector for Research Strategy and International Relations of MUL, Prof. Lucyna Woźniak, Poland
- Vice-President of the City Hall of Lodz, Adam Wieczorek, Poland
- President for IUHPE, Mr Sione Tu'itahi, New Zealand
- Conference Chair, Prof. Magdalena Wrzesińska, Poland
- Regional Vice President for IUHPE-Euro, Prof. Paolo Contu, Italy

10.00-11.00 Plenary session: Promoting children's and young people's health in a changing world → Main Hall

Moderators: Prof. Magdalena Kwaśniewska, Poland & Prof. Stephan Van den Broucke, Belgium

Speakers:

- Youth4Health Initiative – creating authentic and meaningful youth engagement in WHO/Europe's work and beyond. Hilaire Armstrong, WHO-Euro Youth for Health Initiative
- Working together to promote the health of children and young people in a world facing multiple crises - Creating supportive living environments and building health learning pathways. Didier Jourdan, University of Clermont Auvergne & UNESCO Chair for Global Health and Education, France

11.00-11.30 Coffee break

11.30-13.00 Parallel sessions: Oral presentations

1. Health Promotion and Prevention in and with Schools: European Perspectives, Approaches and Examples → Room A

Moderators: Stephan Van den Broucke, Belgium

- Health promotion in the school context: a global mapping of the literature on school health promotion. Didier Jourdan, France
- Health Promoting School implementation in Lombardy Region – Italy: an intersectoral reflective process to define core elements. Veronica Velasco, Italy
- Promoting Genuine Participation of Children and Young People in Education and Health Policymaking: lessons learned from the analysis of 55 case-studies from around the world. Silvia de Ruiter, Netherlands

- Health support needs of students from the perspective of school leaders. Results of the COVID-HL School Principal Study. Kevin Dadaczynski, Germany

2. Health Promotion among Children and Youth → Room B

Moderators: Jake Sallaway-Costello, United Kingdom

- Health promoting schools – Evaluating the effectiveness of a pilot ergonomics program for middle school children. Sara Maria Pani, Italy
- The Feeding Pattern is the Highest Risk Factor for Stunting in Toddlers. Kurnia Dwi Artanti, Indonesia
- Daily playful schoolwork design: a driver of positive school experiences. Helga Urke, Norway
- Implementation of a wellbeing awareness session in Moroccan primary schools: A pilot qualitative study with parents and teachers. Sarah Michaud, France
- Developing canteen staff' competencies towards a user perspective providing healthy meals for vocational school students. Liv Juncker Harsløf, Denmark
- Adolescents' experiences of sport education at upper secondary school level. Prerequisites for learning, health and personal development. Johanna Bergman, Sweden
- Benefits and challenges in implementing Youth participatory action research in Norwegian lower secondary schools. Ingrid Holsen, Norway

3. Health Literacy → Room C

Moderators: Merita Berisha, Kosovo

- Health literacy in primary care patients in Poland. Agnieszka Lipiak, Poland
- The IUHPE Position Statement on Health Literacy as an advocacy tool to promote health globally. Diane Levin-Zamir, Israel
- Evaluation results of the health literacy intervention Nebolus. Demian Frank, Germany
- Global to Local: Analyzing the Sharing and Adaptation of Massive Online Open Courses for Emergency Health on the OpenWHO Platform. Heini Utunen, Switzerland
- Enhancing Stroke Help-Seeking Behavior in Europe: A Clustered Controlled Trial Evaluating the Efficacy of the School-Based Intervention "HOBIT". Ekaterina Volevach, Czechia
- Migrants' perceptions on sexual health and their sexual health education needs. Preliminary findings. Eleni Konstantinou, Greece
- Exploring understandings and perceptions of health literacy from the perspectives of children and adolescents - a meta-ethnography. Karolina Seidl, Austria

4. Health Promotion Practices → Room D

Moderators: Dolors Juvinyà Cana, Spain

- A house is more than a roof - it is a determinant of health: a case study in trachoma prevention across remote Western Australia. Melissa Stoneham, Australia
- Health promotion in deprived neighborhoods should focus on living environment instead of merely health and lifestyle. John Dierx, Netherlands
- Impact of front-of-pack nutrition labelling in consumer understanding and use across socioeconomic status: A systematic review. Marguerite Sendall, Qatar

5. Health Promotion Methods → Room E

Moderators: Lenneke Vaandrager, The Netherlands

- Participation as a key for promoting the well-being society in Austria. Irina Vana, Austria
- Photovoice: Students' Perspectives on Mental Health Promoting Resources at a University Campus. Cecilie Schacht Madsen, Denmark
- Investigating Volunteer Dynamics to Enable Improved Social Inclusivity in a Community Food Distribution Service in South-West London, United Kingdom. Marie Swettenham, United Kingdom
- The Dynamic Model of Health Assets. Yuliya Bodryzlova, Canada
- Breaking ground: Evaluating Lower Austria's first Regional Health Coordination Training. Ursula Griebler, Austria
- Assessing Communities for Scaling Up Community-Based Health Promotion: A Pragmatic Approach. Philipp Weber, Germany

6. Digital Health → Room G

Moderators: Karolina Czarnecka-Chrebelska, Poland

- Alcohol and Breast Cancer: the App "Secrets for Healthy Breasts". Claudia Sardu, Italy
- Always on: evolving from a traditional social media campaign using new technology to extend reach and facilitate action. Christina Pollard, Australia
- European digital Health Literacy Strategy. Ana Inés, Rey Hidalgo, Spain
- A bottom-up approach to co-design an online digital health learning platform with end-users in Romania. Otilia Kocsis, Romania
- When health promotion meets arts: Evaluation of a VR-based alcohol prevention tool presented in an art exhibition. Robert Hrynyschyn, Germany
- Digital Leisure Time Use and Its Impact on Children's Subjective Well-Being: A Latent Class Analysis. Lars Bauger, Norway

7. Health promotion and Health care → Room H

Moderators: Magdalena Kwaśniewska, Poland

- Understanding the needs of patients with visual impairments - a step towards building equal and accessible primary health care. Katarzyna Binder-Olibrowska, Poland
- Functioning and Challenges in Individuals with Irritable Bowel Syndrome: a mix-methods survey. Natalia Płóciennik, Poland
- Strengthening health promotion and prevention in primary care : lessons learned from a Swiss academic center of general medicine and public health. Karin Zürcher, Switzerland
- Community Health Workers Address Vaccine Hesitancy Using Motivational Interviewing Skills. Patricia Valverde, United States
- Comparative study of health promotion actions in the context of primary care in the municipalities of Florianópolis, Santa Catarina, Brazil and Girona, Catalunya, SATALUNHA, Spain. Ivonete Teresinha Schulter, Buss Heidemann, Brazil

13.00-14.00 Lunch break

14.00-15.30 Parallel sessions: Workshops and symposium

Workshops

- Advancing Children and Adolescent Health Promotion: Planning and Testing Interventions. Marjorita Sormunen, Finland → **Room A**
- Empowering Young Researchers: Mastering Scientific Communication Techniques. Karolina Czarnecka-Chrebelska, Poland → **Room B**
- Professional health literacy of health professionals: What is the role of organizational conditions and educational training in this context? Saskia Maria De Gani, Switzerland → **Room C**
- Best practice portals and their role in addressing health inequalities. Yvette Shajanian Zarneh, Germany → **Room D**
- Health literacy policies – how can they be developed and implemented. Angelika Schlacher, Austria → **Room E**
- European perspectives on current trends and challenges in school health promotion. Kevin Dadaczynski, Germany → **Room G**

Symposium

- Capacity building for effective health promotion practice: How to move forward in training, further education and developing a professional identity? Petra Plunger, Austria → **Room H**
 - Capacity building for health promotion: The case of health promotion training in Austria. Petra Plunger, Anna Wahl, Austria
 - Capacity building for health promotion in Switzerland. The work of the health promotion working group at the Swiss Society of Public Health. Verena Biehl, Switzerland
 - The Bachelor's degree program in Health Promotion and Prevention in Switzerland. A practice-oriented curriculum based on the CompHP model. Alice Innauen

- Further education program of the Austrian Health Promotion Fund and how participation change competencies in health promotion. Gert Lang, Petra Gajar, Austria
- Municipal health promotion and participation as a key strategy for health promotion across the lifespan from childhood to adulthood. Maja Kuchler, Germany → **Room F**
 - Participation as an important component of municipal health promotion. Patricia Tollmann, Germany
 - Develop health promotion with families in the kindergarten setting. Maja Kuchler, Germany
 - Development of a health promotion culture within the framework of student health management in universities. Janna Leimann, Germany
 - Participatory study on young people's understanding of health. Janna Leimann, Germany

15.30-16.00 Coffee break

16.00-16.45 Interactive Poster sessions → Exhibition space - Foyer

1. Health Promotion among Children and Young People

- Healthy and Happy Campus for Health Promotion Community. Sri Widati, Indonesia
- Health lifestyles profiles of the University of Andorra. Gemma Ribera Llonc, Andorra
- Coronavirus-Related Health Literacy of Polish School Principals and its Relation to the Health Promoting School Approach Implementation in Poland. Karina Leksy, Poland
- A Quantitative Study Examining the Effect of Perceptions of Gender Roles and Proactive Personality on the Relationship Between Work Volition and Academic Satisfaction among Undergraduate Students. Sultan Beles, Norway
- Suicide prevention for LGBTQ+ youth in Switzerland: an interpretive processual perspective. Tobias Kuhnert, Switzerland
- Empowering evaluation of the project "Io sto bene qui in montagna!" to reduce child poverty in a mountain area. Claudio Tortone, Italy
- Physical activity promotion intervention at the university: old school learning methodology. Raquel Faubel, Spain
- Bridging Minds – A Situational Analysis of Mental Health Perceptions and Suggested Supports for Students across a Multi-Campus Irish University. Machailla McCabe, Ireland
- Eating behaviours of Polish and Portuguese young adults. Julia Bober, Poland
- Mapping Digital Public Health Interventions to Promote Mental Well-being among University Students: A rapid review. Claudia Pischke, Germany
- Adherence to the Mediterranean diet among Polish children. Validation of the updated version of KIDMED questionnaire. Julia Bober, Poland
- Can a mindfulness-based program be successfully delivered to youth with learning and socio-behavioural challenges? Cheryl Currie, Canada
- Psychological support in schools within the Health Promoting School approach: a strategical integration. Veronica Velasco, Italy
- Pandemic Babies: Unveiling the impact of pandemic unemployment on infant communication development in low-income US families. Mahala Swisterski, Canada
- Together at Social Sciences – Mental Health Promotion at the University Setting. Line Nielsen, Denmark
- Factors associated with mental health help-seeking intentions among university students in Kazakhstan: a cross-sectional pilot study. Raushan Alibekova, Kazakhstan
- Development and validation of a new instrument to measure parental health literacy in the context of early childhood overweight and obesity prevention. Verena Krahl, Germany
- How universities implement the Health Promoting University framework: The study case of Xarxa Vives Network. Pol Comellas, Andorra
- Prevalence of gambling, study design and population of the experimental controlled study "GAPUnplugged" for the evaluation of the Unplugged program on gambling behaviours among 12-14 years old adolescents in Italy. Marco Martorana, Italy

- Factors associated with gambling behavior among 12-14 years old students in Italy: the role of parental gambling, norms and monitoring. Marco Martorana, Italy
- The impact of physical activity on mental well-being college students during pandemic. Ira Nurmala, Indonesia

2. Health Behaviors

- Age-friendliness of community and sleep quality: the role of mental health. Qianyi Xiao, China
- Pandemic and protective health behaviour: How do Brussels citizens view the Covid pandemic and future pandemics? A qualitative study. Sandrine Roussel, Belgium
- Exposure time to sedentary behavior and physical activity practice in full-time students during the SARS-CoV-2 pandemic. Matias Noll, Brazil
- Aspects of methodology of Behavioral Insights study on routine immunization in Kosovo among parents and healthcare workers, 2023. Florie Miftari Basholli, Kosovo
- Exploring how people despite economic difficulties achieve the World Health Organisation recommendations of physical activity, with a sense of coherence perspective. Lisbeth Johansson, Sweden
- Community-Based Physical Activity Promotion: Approaches to engage socially disadvantaged population groups. Lea Dippon, Germany
- Enhancing diets in Low Socio-economic Position Communities: Evidence-based strategies for stakeholder engagement. Hermine ten Hove, The Netherlands
- Subjective sleep quality before and after the COVID-19. Aleksandra Witkowska, Poland

3. Health Promotion and Health Care

- Healthy lifestyle counselling provided by primary care nurses to adult patients. Paweł Nowicki, Poland
- Inequity in Utilization of Maternal Healthcare Services and their Contributing Factors for Women with Disabilities in Nepal: Mixed Method Study. Prakash Shahi, United Kingdom
- Health Promotion in Primary Health Care in Brazil: possibilities and Limits. Ivonete Teresinha, Schuler Buss Heidemann, Brazil
- The Serbian version of the International Self-Assessment Tool for Organizational Health Literacy in Primary Health Care Services (OHL-PHC). Dušanka Krajnović, Serbia
- Informendo: Empowering Endometriosis Patients through Co-Creation of Resources. Elisabeth Noehammer, Austria
- Introduction of the Healthy Hospital Concept in Two Pilot Hospitals in Kosovo during 2023. Merita Berisha, Kosovo
- Public or private healthcare- preferences of Kosovar patients, 2022. Ardita Baraku, Kosovo
- Assessment of the urinary incontinence incidence in women. Julia Antos, Poland
- Association of Different Immunonutritional Biomarkers with Dementia. Serena Schecaniah Stephenson, Poland
- Comparison of methods for sarcopenia diagnosis in hospitalized older adults. Ganna Kravchenko, Poland

4. Health literacy

- Strengthening the health literacy of people with intellectual disabilities. Dariusch Afroukhte, Germany
- Awareness, knowledge and attitudes towards the perinatal depression among pregnant and postpartum women attending university hospital in Astana, Kazakhstan. Raushan Alibekova, Kazakhstan
- Association of positive mental health literacy with mental well-being among undergraduate students of Nazarbayev University in Astana, Kazakhstan. Raushan Alibekova, Kazakhstan
- Training matters: framework and guidance for core competencies of sexuality educators. Johanna Marquardt, Germany
- Evolution of COVID-19 related health literacy in Spain and associated factors. Maria Falcon, Spain

- An exploratory approach to identify digital, health and data literacy and learning needs in Romania. Otilia Kocsis, Romania
- Assessment of health literacy in cancer preventions projects in Portugal. Cristiana Fonseca, Portugal
- "Info without side effects": Empowering website users with a validated health info checklist. Ursula Griebler, Austria
- Development of a common understanding of health literacy in times of polycrisis. Saskia Maria De Gani, Switzerland

16.45-18.00 Plenary Roundtable: Health promotion as a driver of change in the digital age → Main hall

Moderator: Aneta Andrzejczyk, Medical University of Lodz

Discussants:

- Diane Levin-Zamir, University of Haifa & Clalit Health Services, Israel
- Mikołaj Gurdała, IQVIA
- Balazs Furjes, EIT-Health Innostars
- Lucyna Woźniak, Medical University of Lodz, Poland

Closing of the Day: Magdalena Kostyła, Medical University of Lodz, Poland

18.30-20.00 Welcome reception → Foyer

Tuesday 18 June 2024

8.55-9.00 Opening Welcome of the Day: Joanna Broy, EIT-Health Innostars → Main hall

9.00-9.15 The Healthier Together Initiative- EU on-line session → Main hall

9.15-10.15 Plenary session: Health promotion in the face of the polycrisis → Main hall

Moderators: Prof. Magdalena Kwaśniewska, Poland & Prof. Stephan Van den Broucke, Belgium

Speakers:

- Health Literacy: Rediscovering an underestimated resource to promote health and well-being. Saskia Maria De Gani, Careum Center for Health Literacy, Switzerland
- MedTech in Life Sciences. Paweł Ptaszyński, Medical University of Lodz, Poland

10.15-11.00 Interactive poster session → Exhibition space - foyer

1. Health Promoting Policy

- Collaborating to build local competence for Public Health Work. Ruca Elisa, Katrin Maass, Norway
- Lessons on mobilizing participatory healthy public policy with community-based tourism through healthy communities in Phatthalung Province, Thailand. Boonruang Khaonuan, Thailand
- It's a Jungle out there: The lived experiences of a new Public Health lecturer with previous commercial experience. A reflective autoethnography. Marie Swettenham, United Kingdom
- Contribution of the 15 years of work of the Health Promotion Chair of the University of Girona. Dolores Juvinyà Canal, Spain
- Does industrial forestry have an impact on public health? Steffen Torp, Norway
- Social sustainability in municipal policy plans in Norway, Olin Oldeide, Norway
- Registration of Health Promotion Practitioners: The Australian experience. Marguerite Sendall, Qatar
- Walk the line: Crisis in pandemic contexts as rite of passage between marginality and health agency. Christopher I. Kobler Betancourt, Switzerland
- Health equity data: the case of Roma in Hungary's segregated clusters - a nationwide monitoring. Janos Sandor, Hungary
- Workplace Wellbeing from policy development to implementation an Irish perspective. Bidy O'Neill, Ireland

- Promoting the health of education professionals: The role of guidance and training in their occupational health and well-being. Min-Chien Tsai, France
- Creating structures for co-creation of local public health work: experiences from Trondelag, Norway. Ruca Elisa, Katrin Maass, Norway
- Infrastructure for Health promotion: the development of a shared knowledge system, Giuseppina Gelmi, Italy
- Strengthening Mental Health: Resilience, Sense of Coherence and Positive Mental Health in Mental Health Professionals in Girona. Susana Mantas Jimenez, Spain

2. Health Promotion Practices

- Field training for the development of strategies to promote physical activity in the framework of the Regional Prevention Plan 2021-2025 of the Lombardy Region. Lia Calloni, Italy
- The influence of green revitalisation of Łódź on the city residents' health and wellbeing. Joanna Ruszkowska, Poland
- Workplace yoga intervention and objective movement analysis to validate its effects – a pilot study. Magdalena, Fronczek, Poland
- Objective movement analysis in the case of dentistry ergonomics. Karolina Kopacz, Poland
- Analysis of metabolic risk and healthy behaviours among persons following plant-based diets. Martyna Mrozik, Poland
- Supporting mental health and wellbeing of an ageing prison population through creative nature-based interventions. Alan Farrier, United Kingdom
- "Parkrun is a place you can talk." Strong and weak social ties between middle aged men attending parkrun in Ireland: reflexive thematic analysis. Allison Dunne, United Kingdom
- Motives for participation in parkrun and its impact on health and wellbeing for inactive women. Charlotte Benkowitz, United Kingdom
- Applying the settings approach to prisons: A case study from England. Michelle Baybutt, United Kingdom
- Intervention Strategies for Gambling Prevention and Control: A Comparison Between Scientific Evidence and Regional Legislation in Italy. Lia Calloni, Italy
- Scaling-up antenatal preventive visit for (future) fathers in Montreuil city, Seine-Saint-Denis, France: context and actors-related levers and barriers. Swati Perrot, France
- Factors influencing protective health behaviours to face Covid-19: review of reviews - Latest version, Lucie Carbon, Belgium
- Cervical Cancer Screening Knowledge and practices among adult women in Kosova. Sanije Gashi, Kosovo
- Formative Evaluation of an early, cross-sector, outreach, and family-centered prevention of overweight programme (FrühstArt) – a study protocol. Katharina Ruettger, Germany
- Cancer Prevention in the Workplace: A Case Study of a Pilot Experience. Cristiana Fonseca, Patrícia Pinto, Portugal
- Behavioural Insights about COVID-19 vaccination in Kosovo, study protocol and preliminary results. Florie Miftari Basholli, Sweden
- Prevention Can Never Create Health: Here is What does. Craig Becker, United States
- Factors influencing subjective wellbeing of economic and health domains in Southern Thailand. Thanawit Bunsit, Thailand
- Evaluation of EndoZone – a digital health promotion platform for endometriosis. Diksha Sirohi, Australia
- Chronic Health. Craig Becker, United States
- Serendipitous Health. Craig Becker, United States
- Finding common ground: how faith-health partners work together. Elizabeth Boutros, Australia
- Measuring mental health promoting behaviors – Development and validation of a scale to measure ABC-behavior. Charlotte Meilstrup, Denmark
- Monitoring the functioning of a health promotion network in the Italian context: a process perspective. Michela Ghelfi, Italy

- Storytelling as patient education among psychotic patients in a rehabilitation program. Márk Komóczy, Hungary
- Rural health promotion during the pandemic in a network of empowered nonprofessional health workers (health mediators) in Hungary. Karolina Kósa, Hungary
- A study on communication of the elderly by means of upper limbs. Xinru Zhu, Japan
- Empowerment, anxiety and stress levels among patients after cardiological incidents- a pilot study. Jarosław Dudek, Poland
- Psychometric characteristics of the Serbian version of the Newest Vital Sign test. Dušanka Krajnović, Serbia

11.00-11.30 **Coffee break**

11.30-13.00 **Parallel sessions: Oral presentations**

1. Workplace and Workforce for Health Promotion → Room A

Moderators: Liane Comeau, Canada

- The Influence of Job Resources and Demands on Burnout and Work Engagement of Italian Teachers: "the HBSC – Lombardy Teachers" Survey. Stefano, Delbosq, Italy
- Lifestyle advice from health workers in Kosova-Population based study. Sanije Gashi, Kosovo
- Professional competencies for health promotion – an unknown competence and a missed opportunity for public health in southern Sweden! Åsa Bringsén, Sweden
- Occupational Health and Well-being in the European MENTOR+ Project: A Cross-Country Survey Analysis. Ioanna Zygouri, Greece
- A Roundtable on Developing Global Settings for Health Promotion. Michelle Baybutt, United Kingdom
- Professional identity formation of health promotion practitioners in Switzerland. Verena Biehl, Switzerland

2. Health Promoting Policy → Room B

Moderators: Altyn Aringazina

- Challenges for multilevel governance of health promotion in a federal country – the case of Switzerland. Pin Stéphanie, Switzerland
- Filling a Gap – A Case Study in Building Advocacy Capacity in the Australian Public Health Workforce. Melissa Stoneham, Australia
- Building Organisational Capacity for Holistic Health Policy and Systems Research Institutions (HPSRIs): Insights from a Mixed-Methods Study in the Philippines. Harvy Joy Liwanag, Switzerland
- Addressing Health Disparities: Comparison of Predictors of Health among Adults Living with and without Physical or Psychological Disabilities. Grace Katharine Forster, Norway
- Cooperative planning as a mechanism of structural change in health promotion. Jana Semrau, Germany
- The Limitations and Potentials of Economic Evaluations in Community-Based Health Promotion: A Critical Review. Philipp Weber, Germany
- Doing Collaborative Health Promotion Research in a Complex Setting: Lessons Learned from the COMPLETE Project in Norway. Torill Larsen, Norway

3. Health Behaviours → Room C

Moderators: Diane Levin-Zamir, Israel

- The 500 kg weight reduction challenge: prevention of obesity by and for women with migration background. Marleen Mares, Netherlands
- Rethinking the built environment as a driver to improve physical, mental and behavioural health in custodial spaces. Helena Queiroz Pombares, United Kingdom
- Time to join the queue. Stepping into the shoes of community food project visitors in affluent communities. Marie Swettenham, United Kingdom
- Risk behaviours and factors associated with quality of life and mental health of Brazilian Federal Employees. Matias Noll, Brazil

- Cancer prevention and early detection among people experiencing homelessness: Co-designing the Health Navigator Model for Europe. Alejandro Gil-Salmeron, Netherlands
- Perceptions towards the adoption of a multi-risk factors cancer prevention educational tool among European Union citizens: a multi-country qualitative study. Ariadna Feliu, France
- Population-based cancer prevention education intervention through mHealth: a randomized controlled trial. Carolina Espina, France
- Wellbeing and sense of coherence in French-speaking breast cancer women: A cross-sectional study. Sarah Michaud, France

4. Implementing Health Promoting Policies among Children and Youth → Room D

Moderators: Didier Jourdan, France

- How can we assess the capacity of Danish health and childcare professionals to promote healthy weight development? Anneke Vang Hjort, Denmark
- Promoting health in schools: identifying forms and functions of the Health Promoting Schools interventions. Paul Veugelers, Canada
- Acceptance analysis of adolescent health promotion application (KONCO SREGEP) in remote area. Muthmainnah Muthmainnah, Indonesia
- Assessment of Water, Sanitation and Hygiene in Schools of Kosovo. Tahire Maloku Gjergji, Kosovo
- How do school health professionals understand culture? – a scoping review. Emmie Wahlström, Sweden
- Here is our ideal school! Students' perception of their wellbeing at school. Alessandra Mereu, Italy
- Implementation of Comprehensive Sexuality Education in Schools in Kosovo. Merita Berisha, Kosovo

5. Health Promotion among Elderly → Room E

Moderators: Joanna Kostka, Poland

- Enhancing elderly autonomy through promoting health literacy for regular physical activity? Health Literacy Survey of the French population 2019–2021. Bakary Cisse, France
- Fostering community-based health promotion for healthy ageing in Austria: status quo, development areas and stakeholder process. Petra Plunger, Austria
- Toward healthy ageing at work: Self-initiated change through the lifespan. Min-Chien Tsai, Taiwan
- Dynamic model of health assets for cognitive health of older adults: a secondary analysis of the longitudinal SHARE data. Yuliya Bodryzlova, Canada
- Association Between Resilience and Frailty among Chinese Older Adults. Junling Gao, China
- Co-Creating Well-Being: A Holistic Approach to Physical Activity Promotion in Aged Care Facilities. Annika Frahsa, Switzerland

13.00-14.00 Lunch break

14.00-15.30 Parallel sessions: Workshops and symposium

Workshops

- Contributing to the Global Participatory Process to Structuring the Field of Health Promotion Research. Didier Jourdan, France → **Room A**
- Implementing policies for local Health Promotion Work: sharing experiences. Ruca Elisa Katrin Maass, Norway → **Room B**
- Salutogenesis 101: Exploring my role in the River of Life. Jake Sallaway-Costello, United Kingdom → **Room C**
- Digital Health Literacy and its contribution to health promotion across generations. Diane Levin-Zamir, Israel → **Room D**
- The political determinants of health: An applied perspective. Marguerite Sendall, Qatar → **Room E**
- How can Higher Education facilitate the development of Health Equity competencies among learners? Gwendolijn Boonekamp, Netherlands → **Room G**

Symposium

- Barriers and facilitators to healthcare access and cancer preventive services for people with mental-ill health in Europe: a qualitative study and considerations for the Patient Navigation Model.
Katrin Schäfer, Austria → **Room F**
 - Promoting primary cancer prevention among individuals with mental ill-health in Europe – an introduction to the CO-CAPTAIN project – Hanna Mues, Austria
 - Barriers and facilitators to healthcare access and cancer preventive services for people with mental-ill health: Findings from Austria – Katrin Schäfer, Austria
 - Barriers and facilitators to healthcare access and cancer preventive services for people with mental-ill health: Findings from Poland – Magdalena Kostyła, Poland
 - Barriers and facilitators to healthcare access and cancer preventive services for people with mental-ill health: Findings from Spain – Rosa Gomez Trenado, Spain
- Co-creation of tailored interventions: Co-adaptation and implementation of the Patient Navigation Model in the CO-CAPTAIN project as an example – Alejandro Gil-Salmeron
- Tackling obesity in shift workers: The EU project SHIFT2HEALTH.
Marlies Wallner, Austria → **Room H**
 - Night shift work and health with focus on nutrition and food choice. Marlies Wallner, Austria
 - Night shift work and cancer risk: the evidence, research gaps and methodological challenges. Kyriaki Papantoniou, Austria
 - Interventions in practice to optimize sleep & health in shift workers; a study on feasibility, effectivity and acceptability of a sleep strategy. Heidi Lammers-van der Holst, Netherlands
 - Overview of the European "Shift2Health" project. Karl-Heinz Wagner, Austria

15.30-16.00 Coffee break

16.00-17.00 Plenary session: Health promotion in the face of demographic change → Main hall

Moderator: prof. Lucyna Woźniak, Poland

Speakers:

- Innovative approaches to health promotion for older adults.
Maddalena Illario, Università Federico II di Napoli, Italy
- Innovative approaches to health promotion for older adults.
Tomasz Kostka, Medical University of Lodz, Poland

17.00-17.30 Closing ceremony → Main hall

Co-chairs: Prof. Stephan Van den Broucke, Belgium, Prof. Magdalena Kwaśniewska, Poland

- Concluding remarks
- Conference Chair Prof. Magdalena Wrzesińska, Poland
- Regional Vice President for IUHPE-Euro Prof. Paolo Contu, Italy

Closure and invitation for the next World IUHPE Conference, Liane Comeau, Canada

20.00-23.00 Gala dinner (only for registered participants)